# GetFit3.0
X10/X10S/X10Pro

1.User Manual

Before using this device, read the instructions carefully and use the bracelet properly to avoid bringing you unnecessary trouble. This description is based on the default setting of the bracelet, the instructions of this manual example picture may not be compatible with actual product, please understand. Please keep the instructions in case of future maintenance use.

2.Charging

Please full charge the smart bracelet before first use,Charging time is about two hours.Connect the bracelet to the charger and connect the USB plug to the 5V / 1A-2.1A standard USB interface such as computer, USB interface charger, power bank.

3.Appearance description

Touch Key Screen Heart rate sensor 3-PIN clip charge contacts
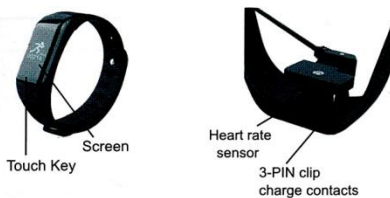
4.System requirements：

IOS 7.1 and above   Android 4.4 and above   Bluetooth 4.0

5.Packing List

Smart bracelet * 1,

User manual * 1,

Charging cable * 1,

Packing box * 1

6.Function Description

Steps：0-99999

Distance display：0-99.9 Km（Metric/Imperial system）

Calories：0-9999 Cal

Time display：12/24 -Hour system

Heart rate monitor (Optional)

Incoming call reminder (Optional)

Display incoming SMS/APP content(Optional)

Blood pressure monitor (Optional)

Blood oxygen monitor (Optional)

APP data storage/sharing

Remote camera

Automatic sleep monitoring

Sedentary remind

Call remind

Alarm clock

Anti-lost remind

Drink water remind

7.Basic parameters

Charging voltage：5V

Charging current：1A-2.1A

CPU:standard version/Heart Rate version/Blood pressure version NORDIC

Sensor：BOSCH

Display screen：0.66" OLED

Battery capacity：80MAH

Battery：Lithium polymer battery

Net weight：About 23g

Synchronization mode：Buletooth 4.0

Working temperature：-10℃- 45℃

Low power standby time：IP67

Low power standby time：7-10 days

8.Instructions

【Click the touch key: turn on the screen, switch mode】

Time mode
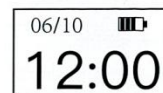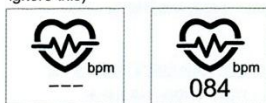

Steps mode

### Distance mode

Calories mode

Heart rate monitor

When you enter into the heart rate monitoring interface, please keep your body relaxed and wear your bracelet close to the skin so that the data can be read.(If your device do not have this feature, please ignore this)


Blood pressure monitor

Switch to the blood pressure monitoring interface, press and hold for 3 seconds to start monitoring, the value will showed about 30 seconds. Click again for second monitoring , long press and hold for 3 seconds to exit the blood pressure monitoring mode.When measuring blood pressure, be sure to keep the body loose and static state,the data will more accurate when wrist and heart at the same height . (If your device do not have this feature, please ignore this).
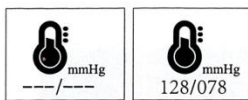
Blood oxygen monitor

Limb oppression can lead to insufficient blood supply, local tissue hypoxia. Please keep warm and Strap fit your wrist when monitoring blood oxygen, to avoid the value is low or no values.(If your device do not have this feature, please ignore this)
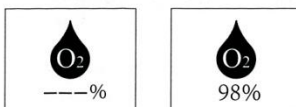

MAC address

Each device has a specific MAC address number,When connecting to APP, the device can be found quickly according to the MAC address number.As below image.(The actual product may vary from the illusion, please be informed of this)

MAC
E3:AD:22
E3:94:8C
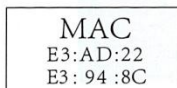
Notification

When there is incoming SMS/APP, you could check the content from your band,long press to enter the function when the interface is following as :Long press to quit /enter the content Tap to next message Long press to delete all message when the interface is following as.
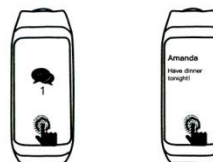
9.APP download

Please download APP and install it before using the bracelet.
Method 1:download APP by scan the below code

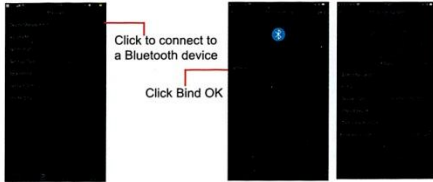
Method 2: Search for "getfit 3.0" in the APP Store or Google play.

10.APP instructions

1. First open the phone Bluetooth, and then enter the APP click ▦ to enter device interface, select the binding device to search, according to the search results, select the device to bind.

Click to connect to a Bluetooth device

Click Bind OK

2.When the Bluetooth connection is successful,there will add a new Bluetooth icon in time mode interface.

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14:14

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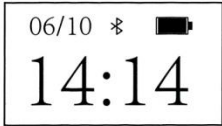
3. After the download is complete, open the APP, enter the Home interface.
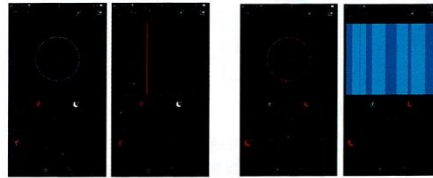
(Slide to the right,view the sleep data; slide to the left, view the steps data.Click again to see detailed data)

4.Click ▦ into the heart rate / blood pressure / blood oxygen data display interface, in the heart rate, blood oxygen interface, open the real-time switch, you can view the dynamic data.To ensure the standby time, after the completion of real-time heart rate monitor please shut down the switch.(If your device do not have this feature, please ignore this)
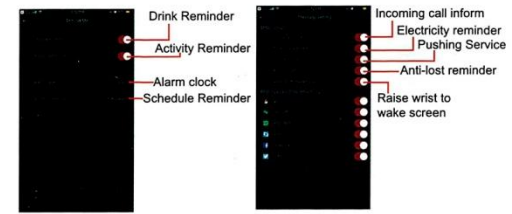
Heart rate display interface

Heart rate display interface

Blood pressure display interface

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6. Click 🔳 to enter the device interface, you can open a variety of functions.

Drink Reminder

Activity Reminder

Alarm clock
Schedule Reminder

Incoming call inform
Electricity reminder
Pushing Service
Anti-lost reminder
Raise wrist to wake screen

① Device interface select camera function,mobile phone into the camera mode, the bracelet will displaye 📷, press the touch key to take photos.
② Open the call remind, sedentary remind, alarm clock and other functions on APP. The bracelet will vibrate and prompt interface appear when meet the pre-set conditions, , long press to exit the prompt state.

③Open the anti-lost switch on APP, when the bracelet vibration and the following screen appear , means bracelet out of the Bluetooth connection range, long press to exit the prompt state.

④ Swing your hand from the vertical position to the posture for looking watch, the surface angle between 30°-85°, the bracelet automatically turns on the screen.

📞 Call remind   Sedentary remind   💧 Drink water remind   ⏰ Alarm clock   Anti-lost remind   📷 Remote camera

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